



# Crossgate Chronicle

## June 2015

LOCAL MUSICIANS ENTERTAIN

## National Care Home Open Day

A wonderful time was had by all on National Care Home Open Day, on Friday 19<sup>th</sup> June in Crossgate. The theme this year was "The Arts and Valuing Staff."

### Music

We are very fortunate to have built up a close relationship with some excellent local musicians, who have a very wide repertoire. Who better to represent the musical aspect of the Arts.

Our audience joined in many of the songs and we had a beautiful song sung to us by relative, Mrs Mavis Ferguson.

Several rousing numbers got everyone tapping their feet and clapping their hands.

We hope it won't be too long before our musical friends return for another great concert.

### The Gallery

The quiet lounge in Dewalden Unit was transformed into an art gallery for one day with an exhibition of photographs by

Richard, one of our Activity co-ordinators and paintings by children from Onthank Primary School.

### Coloring-in Competition

To allow residents and guests to get in touch with their artistic side, we held a coloring-in competition.

Competitors were provided with a variety of pictures to color-in and a range of pencils and pens.

Coloring-in has been shown to have many benefits. It is relaxing and can help sharpen concentration.

Children from Onthank Primary School and visitors from the local community, as well as residents took part in the competition.

(More pictures on page 3)



Mrs Mavis Ferguson singing.



John showing his artistic side.

# Crossgate Gardens

Consultation with residents and relatives is now getting started to get ideas for the transformation of the Crossgate gardens.

We want to ensure that our outside space reflects the wishes of all who use them and that the final design is user friendly.

We will be looking at what other services have done, but also use our own ideas.

AFAYA Cancer Institute: Roof Gardens & Sky Lobby

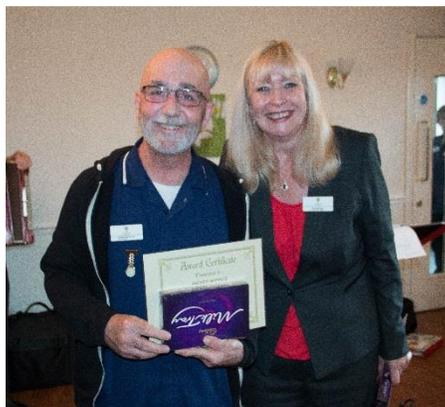


If you have any thoughts about what you would like to see in the gardens, please let us know.

Look out for consultation questionnaires throughout the home.



MORE OPEN DAY PHOTOGRAPHS



VALUING STAFF

As part of the Open Day the longest serving staff members were presented with a certificate by Janet McGavin, Home Manager.

Nutrition News

Our Kitchen provides an appetizing and nutritious range of meals seven days a week from 8.30am till 6pm. The quality and presentation of the food has always been of the highest standard and our kitchen staff pride themselves on going "above and beyond", what is expected of them.

Outside the usual kitchen hours, residents have always had access to a range of cold snacks.

However, from Monday 29<sup>th</sup> June, every unit will have a supply of hot options available, such as soup, beans on toast and spaghetti.

So if a resident is hungry at 2am, or any hour throughout the night, they will now have a wide range of tasty options available.

**(Look out for a special feature on the Kitchen in our July issue)**

Maintenance Matters

Work continues within the home to improve the environment.

David, our hard working maintenance man has been busy painting and carrying out repairs. His main focus at the moment is Carmel Unit.

The handrails in Willow Unit have been made safer and more user friendly.

The main lift has had its flooring replaced.

The service lift will be undergoing essential repairs in the next few weeks.

The Activity Team will be working with residents to improve the look of our corridors.

**(Watch this space for updates in the coming months.)**

Friends of Crossgate

We are still recruiting for volunteers to assist with various aspects of life in Crossgate.

Volunteering can be a very rewarding experience, which enriches lives and provides new skills and experience.

You don't need to have any previous experience or any particular talents to make a valuable contribution.

We hope to recruit volunteers of all ages and abilities. So, if you or anyone you know have a little free time and are looking for a new adventure, please get in touch.



LEONARDO WATCH OUT!



FUN HAD BY ALL.



# CROSSGATE CARE HOME

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